

**Help the *Aleethia Foundation* to
continue to honor and serve
our wounded troops!**

Donations can be made by mailing a check to The *Aleethia Foundation* or for credit card charges, please go to www.aleethia.org and click on "Donate" and follow the instructions.

To be a "Friday Night Dinner" sponsor, please contact Hal Koster, Executive Director at 202-714-0135 or email hal@aleethia.org



Aleethia is the Greek word for Truth. The name was selected because Truth is the essence of what the "Friday Night Dinners" convey – that America appreciates the sacrifices of these fine men and women, that they will heal and regain their lives with their families and that they can be proud of their service.

Aleethia Foundation's Friday Night Dinner Toast ... "Here's to the men and women of the United States Military, especially those serving in harm's way in Iraq and Afghanistan."



★ supporting those who serve ★

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OUR STORY...

The *Aleethia Foundation* is a 501(c)(3) Corporation which was founded to support the newly injured service members recovering at the Walter Reed National Military Medical Center (WRNMMC).

Aleethia provides "Friday Night Dinners" which were originally started in October 2003 when the injured began arriving at Walter Reed Army and the National Naval Medical Centers. *Aleethia* brings the injured service members to a safe and accepting environment and show them that life is still good, that they do not need to stay in their hospital rooms agonizing over what they have lost or how their lives have changed.

Although, the *Aleethia Foundation* has provided more than 25,000 dinners for the wounded, ill and injured service members, that is not our only focus. Many families have received help with financial emergencies – those unmet needs that official regulations and budgets can not cover. *Aleethia* is proud to play a role in supporting the injured service members and their families through the early phases of the healing process.

THE JOURNEY IS LONG...

For many service members, it will be a long road to recover from injuries suffered while serving our country. Some of the injured service members can spend months to several years depending on the severity of their injury. *Aleethia* tries to make their journey less painful. We help families with traveling needs, furnishings, clothing, auto repair bills and other basic needs. Family members make great personal sacrifices to be with their loved ones.

Besides the "Friday Night Dinners," *Aleethia* has provided tickets to sporting events, concerts and has arranged for the troops to attend special activities being held throughout the Washington DC area. The *Aleethia Foundation* continues to provide time and energy in assisting with requests from the many other military support organizations.

Sometimes we just lend a friendly ear to listen to their stories, help with job placement, arrange babysitting or arrange a night out for two!

The requests for help and joyous stories are endless...*Aleethia* offers comfort and hope. But it is the injured service members' ability to rebound from adversity that is such an inspiration

TOGETHER WE CAN MAKE A DIFFERENCE...

Many of our supporters are from all over the country and we have so many wonderful contributors that have been consistent throughout the years. Without their continued support, we would have had to stop supporting the troops a long time ago. Through the generosity and compassion of our donors, sponsors, supporters, volunteers and friends, we will be able to continue our efforts as long as there is a need. We will be there to remind the service members that they will not be forgotten and their sacrifices were not in vain.



Aleethia continues to operate on an all-volunteer basis ... no paid staff